

ACTIVE WELLNESS

CHIROPRACTIC & MASSAGE

Purpose: To inspire other patients with similar problems what Chiropractic, massage, and wellness philosophy can achieve.

- What symptoms did you have when you first came to Active Wellness?

extreme lower back pain / (R) shoulder pain.

- How were we different from other health care providers you had seen?

more personal, very friendly. Took time to talk to me in detail about my X-rays and made a very clear treatment plan for me to follow.

- What have you gotten out of coming to Active Wellness?

My lower back pain is reduced greatly in just 4 sessions, I love that they offer a short massage before or after the adjustment. It helped so much.

- How were you treated by the staff?

Wonderful albeit professional 😊

- Can we use your story on our website? Y or N

Thank you for helping us get sick people well and keeping well people from getting sick!

AUG 08 2012



Purpose: To inspire other patients with similar problems what Chiropractic, massage, and wellness philosophy can achieve.

- What symptoms did you have when you first came to Active Wellness?

Severe leg pain that, while not constant, was occurring very regularly & forcing me to shape my life around the pain. I couldn't walk, drive, sleep, sit, or do pretty much anything without pain. I'm 28, & I was regularly using a cane.

- How were we different from other health care providers you had seen?

I didn't go to many others, but the little I did pursue focused on minimizing pain, not the underlying cause.

- What have you gotten out of coming to Active Wellness?

I haven't used my cane in 3 months! I am almost entirely pain free, and steadily heading towards ~~more~~ completely pain free. I am able to pursue activities I had given up on, and am healthier & more active ~~than~~ than I've been in years!

- How were you treated by the staff?

Very excellently. Attentive care & responses

- Can we use your story on our website? Y or N

Thank you for helping us get sick people well and keeping well people from getting sick!

JUL 12 2012

ACTIVE WELLNESS
CHIROPRACTIC & MASSAGE

Purpose: To inspire other patients with similar problems what Chiropractic, massage, and wellness philosophy can achieve.

- **What symptoms did you have when you first came to Active Wellness?**

Extreme lowerback and hip pain.

- **How were we different from other health care providers you had seen?**

I'd only been to my family doctor, who was no help in this situation.

- **What have you gotten out of coming to Active Wellness?**

Significant improvement on both counts.

- **How were you treated by the staff?** Excellently.

- **Can we use your story on our website?** Y or N

Thank you for helping us get sick people well and keeping well people from getting sick!